**OUR MISSION**

*Family & Children’s Service of Ithaca* is dedicated to providing affordable, professional services that support children, families, and organizations in finding solutions to the challenges of life today.

**OUR STAFF** are dedicated, compassionate, professional people whose lives and careers are spent helping others and caring for those who turn to us in their time of need.

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Message from **Board Chair, David Campbell**

Dear F&CS Friends,

2012 was a significant year for Family and Children’s Service of Ithaca (F&CS). For the first time since 1973, we started the year with a new leader, David Shapiro. David joined F&CS after a career in social services in New York City. He began his tenure as our Interim President and CEO and at the end of 2012, the Board moved him into that position on a permanent basis. David has already made valuable contributions to the agency and our community.

In the past year, F&CS has enhanced its role as a leader in providing quality mental health and family support services to our community. Most notably, we helped even more people last year, providing over 2,000 more hours of mental health counseling than we did in 2011. Our remarkable staff continue to demonstrate an unrelenting commitment to live our agency motto as “where to turn” for children and families in need in our community.

We also took steps to strengthen F&CS’s long-term sustainability. We sold our Cayuga Street property, reduced our short-term liabilities and enhanced our billing system. These efforts improved the agency’s bottom line and strengthened our financial position for the future.

In 2013 and beyond, we will build on these efforts. In the near future, we will begin a strategic planning initiative to chart our path forward, exploring opportunities for growth in our core areas of expertise, such as mental health, geriatric and youth services. We will also explore additional ways in which F&CS can be a strong partner with our community in addressing its most pressing social issues.

We are grateful for the support we have received from so many people over the past year and look forward to a year ahead in which we will continue to deliver on our promise to be “where to turn” for those most in need in our community.

---

Message from **David Shapiro, President & CEO**

Ask anyone what their definition of family is and they will most likely describe a group of people consisting of parents rearing children, and their next of kin. At Family & Children’s Service of Ithaca (F&CS), we have a slightly different view of what it means to be a family. Our clients, who come from all walks of life, not only consist of parents and their children, aunts, uncles, and grandparents, but also single parents, foster families, students, widows/widowers, divorcées and childless couples.

In 2012, more than anything else, the staff at F&CS talked about the rising tide of struggles these clients were faced with everyday. They spoke of kids who were insecure and not quite sure how to fit in, struggling with mental illness, dealing with trauma, uncertainty and fear. They spoke of depressed teens, learning how to make decisions around sex, drugs, friends, and an increasingly isolated world behind their computer screens. Also students, filled with anxiety, trying to find the right path to their future. And adults, stressed about work, finances, their kids, their parents, their significant other, their own individuality, and the difficulty of finding of joy while balancing the needs of so many others.

These are the overwhelming circumstances that people in our community face everyday which highlights how pressing the need is for our mental health services. In 2012, we stretched ourselves thin and offered more hours of service to the community than we ever have in our agency’s history. As a result, we saw more people and supported more families in need of our services. 2012 was a year of hard work and adjustment, but one in which we all felt committed to ensuring that our community received the support they needed.

I want to thank everyone who supported us with time, advocacy, and generosity during this past year. Your many contributions make it possible for us to offer our services at the highest quality to all types of families within our community. Your enthusiasm and confidence in our mission helps us to break through the stigma that many still feel is associated with seeking help. At a time when so many people are experiencing life’s struggles, one thing we cannot afford is for stigma or misunderstanding to prevent people in need of mental health services from turning to us.
In 2012, Family & Children’s Service of Ithaca’s (F&CS) outpatient mental health clinic provided service to over 1,500 clients equaling more than 25,000 hours of service. This figure represents the highest volume of service we’ve ever been able to provide to our community. Our service capacity increased from 2011 by more than 9%. Despite this increase in service hours, the actual number of individual clients we served saw only a modest increase of nearly 5%. This represents the challenging times that many of our families experienced in 2012. Often these challenges took a greater commitment from our clinicians to help these families overcome their hardships. However, in keeping with our model to support the entire family system, these 1,500 clients don’t just represent 1,500 people, they represent 1,500 families. Couples, parents, children, students, caregivers and care-receivers living not just in the city of Ithaca, but in the town of Ithaca, Tompkins County and in so many of our surrounding towns. Our services extend and the impact is felt in many of the communities we call home.

Mental health counseling and psychiatry services at F&CS are considered to be the highest quality, most affordable private mental health resources available in Tompkins County for children, youth, adults, and families. The goal of our program is to promote and strengthen our clients’ emotional health and social well-being, while fostering positive relationships that contribute to a more secure, stable, and productive life.

As a private outpatient mental health facility licensed by the New York State Office of Mental Health, our clinic employs trained and experienced mental health professionals who provide confidential and compassionate individual, couples, and family counseling using a variety of methods and modalities. We take pride in knowing that our services provide support to the whole community. Our services extend beyond the home life with families and children; we provide supportive assistance to students, employers and their employees, the wealthy and the disenfranchised. This is reflected in how we receive our referrals. People come to us through many sources who recognize that we are the most suitable place for their constituents to go to receive supportive mental health care.

United Way of Tompkins County - generously provides more than $150,000 annually in support of our Mental Health Services. Their support allows us to offer our services barrier free, ensuring that all those in need, regardless of their insurance or income level, are able to come to us for mental health services. We are tremendously grateful for their continued support.
Children’s Mental Health

In 2012, the Children’s Clinic provided mental health services to 553 children representing almost 36% of our total practice. This total number of children served represents an increase of almost 6% from 2011.

Our Children’s Mental Health program offers a broad range of confidential, high-quality, affordable counseling, psychiatric, and crisis services to children under the age of eighteen. We have a special commitment to children and have been recognized by the New York State Office of Mental Health as a “model program” for our children’s services.

Trained and experienced mental health professionals provide assessments, treatment planning, and counseling. Creative arts and play therapy are cornerstones of our therapeutic services for young children. F&CS is the only agency in our community that provides mental health services to children under age five and is the largest provider of such services to children under the age of eighteen.

In an effort to provide better coordination of service delivery and improved linkages between service providers, we maintain ongoing contact with many human service agencies, school personnel, and the legal community. We also provide psychiatric consultation, evaluation, and medication management by licensed psychiatrists and a nurse practitioner in conjunction with ongoing therapy.

In 2012, approximately 24% of our child and adolescent clients were seen for psychiatric services. This increased from 21% of child and adolescent clients seen in 2011.
Children’s Mental Health Services — Specialty Services

F&CS also has two award-winning children’s mental health programs for children & families with special circumstances: The Zero to Five Project and Children’s Crisis Outreach Program.

Zero to Five Project
The Zero to Five Project, in existence since 1995, offers comprehensive services to families with infants, toddlers, and preschoolers, including those considered to be at “high-risk” for developing social, emotional, or psychological problems.

Children’s Crisis Outreach Program
The Children’s Crisis Outreach Program, a four to six week crisis intervention and short-term, intensive counseling program, provides immediate mental health services for children (K-12th grade) and their families. Crisis clinicians work briefly but intensively to stabilize mental health functioning in order to prevent hospitalization or removal of the child from home or school.

To meet the unique needs of our young clients, we offer unique speciality services.
F&CS is committed to providing psychiatric services to all of our clients in need. We’ve been able to increase our capacity to serve children and adolescents through a community wide campaign to raise funds for children’s psychiatry. We are now the largest provider of child psychiatry services in this community and are often the only place for people of limited means and/or insurance to turn to for psychiatric consultation. The agency’s cost of providing psychiatry services is in excess of $200,000 annually. Subsidies and insurance cover roughly half of this amount. Despite the cost we continue to make these services accessible to the children and adolescents of our community.

Psychiatric evaluations and care are an increasingly important part of addressing the growing demand for children’s mental health care. Prescribing and monitoring medication for those children who would benefit from some of the new treatments for depression, anxiety and other mental health problems is a complex and time-intensive process.

Many of the children we assist need to undergo a psychiatric evaluation. Evaluations can assist a client, either by establishing or eliminating a diagnosis, and also aid in the decision to determine if medication can enhance the treatment process. Evaluations include a thorough review of the case from the therapist and consultation with the client (and family if the client is a child); this process looks at many issues and factors and creates a treatment plan. If medication is prescribed, monitoring and medication management are a crucial component of the psychiatric service.

The role of psychiatry in the mental health clinic is supportive and consultative and enhances the ongoing therapy the client receives. F&CS’s psychiatric services strive to consider the client’s physical health, social environment, and the emotional and psychological well-being of each individual.
The Dispositional Alternatives Program (DAP) is a community-based, family centered program that provides comprehensive support services to youth ages 7–18 who reside in Tompkins County and are at risk of out of home placement. At risk behaviors include: truancy, disruptive school behaviors, running away, incorrigibility at home, aggressive outbursts, domestic violence, indicated reports of child abuse or neglect, mental health problems, substance abuse, and criminal offenses.

DAP has been highly successful in large part due to our unique casework model that combines group learning and recreation with the many services highlighted below:

**2012 Achievements**

98% of the children served through DAP were successfully diverted from placement.

95% of youth avoided further legal involvement post-graduation from the program.

81% of youth identified with academic performance issues experienced improvement in their grades, attendance and overall behavior.

**Youth Services**

**Individual and Family Goal Planning:** DAP staff partner with youth and their parents in setting challenging but attainable goals in support of their emotional and behavioral development.

**Advocacy:** DAP assists families in navigating the many social service systems they and their children use. This could mean attending an IEP (Individualized Education Program) meeting at school or going to Family Court for a PINS (Person in Need of Supervision) violation. DAP caseworkers help parents’ and youth’s voices be heard in sometimes overwhelming circumstances.

**Case Management:** We help identify needs and help families connect to other agencies that provide services, such as individual or family therapy, domestic violence counseling, anger management classes, parenting classes, respite services, job skills and training.

**Crisis Management:** DAP caseworkers are available 24 hours a day through an on-call phone line to assist families and youth in crisis. Additionally, caseworkers routinely adjust their schedules to meet with families before 9 AM and after 5 PM, recognizing that families often need help outside of business hours.

**Mentoring and Parent Guidance:** Central to our effectiveness is the relationship we build with both the youth and his or her family. Time is spent to develop a trusting relationship in order to empower youth and their families to make better and healthier choices.

**After Care:** Youth and caregivers are invited to stay in touch with DAP after concluding the program. Families often call if they experience a crisis, are in need of a referral, or to report a success. DAP workers continue to make themselves available to advocate and encourage families after their involvement with us.
Providing supportive services to caregivers while enriching the lives of older adults.

Caregiver Services and Supports for Older Adults

F&CS provides an array of services geared towards supporting care givers of older adults. While offering services directly to the care givers, our services also enrich the lives of the older adults and help to stabilize their lives so they can live peacefully in their homes. We offer services in three different categories:

**Respite** services offer relief for caregivers who provide ongoing care for an individual who requires in-home supervision.

**Caregiver Counseling** offers ongoing education, supportive counseling, communication strategies, and mental health care options through Family & Children’s Services mental health clinic.

**Geriatric Care Management** offers a variety of client-centered, personalized and customized services to assist older adults and their families in meeting long-term care needs.

<table>
<thead>
<tr>
<th>2012</th>
<th>Respite</th>
<th>Caregiver Counseling</th>
<th>Geriatric Care</th>
<th>Total Senior Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Clients Seen</td>
<td>31</td>
<td>57</td>
<td>9</td>
<td>97</td>
</tr>
<tr>
<td>Total Hours of Service Provided</td>
<td>1,890</td>
<td>172</td>
<td>42</td>
<td>2,104</td>
</tr>
</tbody>
</table>

We are fortunate to receive support from the United Way of Tompkins County of approximately $25,000 annually to provide respite and care giver services.

Robert Levine, MSW
Senior Services Coordinator
The Employee Assistance Program (EAP) is a cost effective, confidential, early intervention system for employees and eligible family members contracted by participating area employers. EAP provides a variety of services designed to strengthen and preserve workplace quality and productivity. The program assists employees by addressing issues and challenges that affect their ability to function, either at the workplace or at home.

EAP is also committed to fostering a healthy workplace by providing consultations to managers regarding employee performance and behavior concerns at the workplace including critical incident stress management to address workplace traumas. Our EAP also provides services through workshops offered to our contracted employers and to the community at large.

**2012 EAP HIGHLIGHTS**

- Contracts with 58 local employers that provided supportive services covering more than 7,600 employees locally.
- Provided 36 total workshops and training events that supported more than 450 local employees and their professional development.

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- Provided 36 total workshops and training events that supported more than 450 local employees and their professional development.
Throughout our more than 125 year history of dedicated service to individuals and families in our community, we have repeatedly asked ourselves, “What can we do to help?” And throughout our years of service, we have continued to answer that question by responding to the needs of those we serve.

To remain responsible to our legacy, our mission, and most importantly, our clients and community, we have also had to ask the question, “Who will pay for these needed services?” Although service contracts as well as private insurance and Medicaid provide us with a critical portion of our funding, it falls short of adequately reimbursing our full programmatic costs. Additionally, these fees for service will never be enough to sustain innovation and excellence in care, the hallmarks of Family & Children’s Service. These require additional resources to address emerging community needs, to hire, train and retain a professional staff, and to develop new programs based on best practices.

Throughout our agency’s history, our friends have continuously responded by generously contributing in support of our mission to provide high quality, affordable, professional services that support children, families, and organizations in finding challenges of life today. As we look ahead to the future, we thank you, our current friends and supporters, for making a difference in the lives of those who turn to us.

Thanking Those Whose Generosity Changes Lives...

Family & Children’s Service extends our heartfelt thanks to each and every one of the over 700 individuals, businesses & foundations who contributed in 2012!
The Ruth R. Pettengill Society

The Pettengill Society, named in honor of former Executive Director Ruth Pettengill who served the agency from 1959 to 1972, was established to recognize those individuals who have remembered or made arrangements to remember Family & Children’s Service of Ithaca in their estate plans with a legacy gift. Such gifts can be made through bequests, charitable remainder trusts, life insurance policies, pensions and other estate planning methods.

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Jeffrey B. True
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Moses J. Watkins*
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Agnes Gainey Williams*
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FOR MORE INFORMATION ON THE RUTH PETTENGILL SOCIETY, OR TO NOTIFY F&CS OF YOUR INTENTION TO REMEMBER US, PLEASE CONTACT THE DEVELOPMENT OFFICE AT 607-273-7494.

Corporate Support: Family Partner Program

FAMILY PARTNERS are businesses and key employers who have made a special commitment to the mission of Family & Children’s Service. Corporate support allows us to advance many of our key programs, especially for Children's Mental Health, but also allows us to offer our sliding fee scale for our services.

FAMILY PARTNERS 2012

$10,000+
BorgWarner Morse TEC Community Foundation
Cornell University+
Emerson Power Transmission+
Incodema+
Tauck World Discovery
United Way of Tompkins County

$5,000 - $9,999
CFCU Community Credit Union
Kionix
Warren Real Estate of Ithaca, Inc.

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Sheldrake Point Winery
Taughannock Farms
Triphammer Wines & Spirits
Westhill Graphics

$250 - $499
Dennie’s Manufacturing

$100-$249
Linz Real Estate
LOT 10 Kitchen & Lounge

+All or part of gift received in 2012 was allocated towards the “Opening New Doors” Capital Campaign

FOR MORE INFORMATION ON THE FAMILY PARTNER PROGRAM PLEASE CONTACT THE DEVELOPMENT OFFICE AT 607-273-7494.
2012 Donor List

Family & Children’s Service of Ithaca is fortunate to have the support of over 700 donors comprised of individuals, businesses and foundations whose generosity allows for us to continue providing critical mental health, youth, and senior services to our community. We are truly grateful for the unrestricted support we receive, as well as contributions for specific needs such as child psychiatry, support for the uninsured, sliding fee scales for those with limited means and children’s mental health. Our important work would not be possible with out the support and unwavering commitment of our donors & friends.

The 2012 Donor List reflects gifts that were received in 2012.

$10,000+
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BorgWarner Morse TEC
Brooks Family Foundation
Cornell University+
Emerson Power Transmission+
Incodema+
Park Foundation, Inc.
Marilyn & Lou Recroft+
United Way of Tompkins County

$5,000-$9,999
Anonymous+
CFCU Community Credit Union
Community Foundation of Tompkins County
Laura Day+**
Kionix
Arthur Kuckes & Martha Wright
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Warren Real Estate of Ithaca, Inc.

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Bernard & Linda Beins
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Katherine Anderson & Max Pensky
Bob & Laura Andolina
Malcolm Brand
Laura Bronstein
David Campbell
City Club of Ithaca
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Jon & Janet Corson-Rikert
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Bob & Vanne Cowie
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Rich & Julie Uhlig
Allison Van Dyke
Lisa Waldman
J. Dix & Barbara Wayman
James & Constance Wells
Fred & Mary Widding
Paul Yarbrough

+ All or part of gift designated for Opening New Doors Capital Campaign in 2012
* Deceased
** All or part of gift made through United Way designation
$100-$249
Anonymous (2)
Barry & Molly Adams
Robert Ainslie & Judy Singer
Richard Allen
Richard Allmendinger & Teresa Jordan
Robert & Cheryl Andre
Douglas & Lucia Armstrong
Neil & Judith Ashcroft
Beverly Baker
Sally & Donald Baker
John & Debra Bakum
Robert & Renata Ballard
David & Lenore Bandler
J. Robert Barlow
Susan Barnett & John Young
Joyce Barney
David & Joy Barr
Robert & Myrtle Batsford
Joan Becherro
William & Nancy Bellamy
Sandra Bem
Elizabeth & Edward Bergman
Elizabeth Bixler & Betsy East
Stephen Bloom
Richard & Carol Booth
Robert Breiman
Toone & Theresa Bricker
Harriet Brittian
Dan & Eve Brown
David & Illa Burbank
Albert & Mary Burkhardt
Jill Burlington
Donald & Susan Card
Lelend & Mary Margaret Carmichael
Alton & Donna Clark
Ron & Charlotte Coffman
Ken Cohen & Ritch Savin-Williams
Barbara J. Colbert
Kristin Colbert & Bart Auble
Alice Colby-Hall
Kathy Cole
Cynthia & Gould Colman
Stephen & Ann Colt**
Janice Conrad
Marie Cope
Ezra & Daphne Cornell
David & Carolyn Corson
Joan Curtis
Nancy & Larry Dalton
Whitney Dennis
Kellen Detar
Guy & Nancy DiCicco
Thomas & Loretta Dodds
Timothy & Susan Durnford
Mark & Paula Eiser
Betsy Fallon
Paul Farhi & Vivian Young
Donald Farley, Jr.
Howard & Rossalind Feinstein
David Feldshuh & Martha Frommel
Guillermo Ferrer & Viola Monaghan
Mike Field & Robin Tobin
Steve & Elena Flash
Susan Fleming
Olan & Katie Forker
Karen Fritz**
Amy Fuhr
James & Mary Lou Garrity
Margaret Gibson*
Stephen Goggin & Kate Potteiger
John & Merri Goodrow
Elizabeth Gordon
Kurt & Sorel Gottfried
Linda Gross
Michael & Mary Jo Guidi
Jeffrey & Penny Hautkin
Robin Hamlish
Gregory & Beverly Hartz
Jerome* & Joan Hass
George & Deirdre Hay
Carl & Susan Haynes
John & Janice Hertel
Robert & Elizabeth Hillman
Eva Hoffmann
Kathleen & Mark Hulsebosch
Sami Huseinei & Catherine Husa-Husseini
Robert & Mary Hutchens
Philip & Barbara Iorio
Ithaca College Sociology Club
James Jenkins & Katharine Kelly
Bill & Marlene Jewell
Bruce & Elinor John
Dale & Jennifer Johnson
Michael Johnson & Jill Kobus
Johnson
Patricia Johnson & Roland Lynch
Jim Karpinski & Jane Koester
Harry & Jane Katz
Sherman Kelly
Jud & Sue Kilgore
Karen Kim
Paul & Elizabeth Kirk**
William & Carol Klepack
Richard & Kumi Korfi
Dexter & Frances Kozen
Walter & Sandra La Feber
John V. Lambert & Robin Rogers
Kenneth Lane
James & Heidi Laronis
Deirdre Levine
Diana & Bruce Levy
David & Brenda Lines
Ginny Lisano
Linz Real Estate
Donna Lodge
Joe Loring & Sheila Johnston
LOT 10 Kitchen & Lounge
Daniel Lounds
Lodewijk & Beatrice Magre
Patricia McClary
James & Susan McCutcheon
Fred & Libby McLafferty
Kris & Stella Merschrod
Donald Miller
Nina Miller
Chris & Cindy Milner
James & Barbara Mingle
Richard & Pat Moran
Florence Mosher
Bill & Stacey Murphy
Gail Murphy
Dwight Myers & Craig Evans
John L. & Carolyn C. Neuman
Amy Newman
Sean & Claire Nicholson
Kristen Nygren
Edwin & Mary Ann Oyer
Barbara Page Cooke & Richard Root*
Glen Palmer & Carol True-Palmer
Kate Petteiger
Daniel & Margaret Philipson
Francis & Susan Piliero
L. Paul Pitkin & Andrea Rankin
Martha Presto
Donald & Sue Rakow
Mel & Jane Richards
George Ridenour & Jeanette Shady
Rebecca Roberts
Jean Robinson
Steve & Amy Rogers
Jim Rothenberg & Mariana Wolfner
Betsy Rudolph
David Ruppert
J. Edward Russo & Paula Winner
Peter & Paulette Salmon
Carolyn Sampson
Stephen & Karen Sass
Karen Schachere & Philip McMichael
Andrew & Rosemary Sciarabba
Elan & Rachael Shapiro
Michael & Janet Shay
Mary Sherman Dietershagen
Rachel J. Siegel
Richard & Linda Slade
Gary & Karen Sloan
Dan & Emily Smalls
Christopher & Lisa Smith
Elliott & Alison Smith
Robert Smith & Alice Moore
Susan Sosnow
Ceil Spero
George Sperry & Kathleen Larson
Jody Stackman & Therese Tischler*
Andrew & Angela Stevens
Sheila Stone
Ronald & Josephine Strain
Janice & Tom Streb
Streb & Strebl, CPAs
Patricia Sullivan
C. Neil & Marie T. Taylor
Joe & Marney Thomas
John & Betty Thomas
William G. Tomek
Jeffrey True & Sue Schattenschneider
Carol True-Palmer
Deborah Trumbull
Lisa Trust
Jerome & Mary Van Buren
Amanda Verba
Jaimie Voorhees**
Claudia Voss Lewenstein & Bruce Lewenstein
David & Olivia Wahl
Bryan Warren & Jeanette Simone
Watt Webb
Jennifer Weinraub & David Evelyn
Joseph & Betty Wenenser
Sean & Jennifer Whittaker
Cynthia Wild
John & Ida Wolff
Eileen Yagoda & Ross Brann
Steve & Amy Yale-Loehr
Neal & Ellen Zaslaw
G. P. Zurenda, Jr.

Up to $99
Anonymous (2)
Alcohol & Drug Council of Tompkins County
Milt Abrams
Eric Alani & Esther Racoosin
Dameon Allen**
Leigh Alo**
Robert & Alyce Anderson
Armstrong School of Dance
Robert L. Aronson
Ethan & Rachel Ash
Allen Back & Birgit Speh
Steve & Aimée Bacon
Jocoba Baker
Jill Baldwin
D. G. Bancroft-Gowin
Joan Barnes
David Bassaneli
Walter* & Marilyn Baurle
John Beach
William & Louise Bement
Francis Benedict
Richard Berg & Lori Yelensky
James & Virginia Bizzell
Paul & Suzy Blanchard
Mark Bodenstein
Nicole Boosembark-Baker
Russell Bourne
Pat Brehl
David Brown & Nina Glasgow
Luvelle & Anjie Brown
Wayles Browne & Theresa Alt
W. Keith & Martha Bryant
Mike & Liza Burger
John & Janet Burton
Dave & Mary Call
Kate Campbell
Michael & Michelle Cannon
Evelyn Corby
Brian Carpenter
Brad & Gail Carruth
George & Patricia Casler
Maria Castaneda
Shella Chace
Anthony & Jill Ciccone
Thomas & Shirley Cleere
Patricia Cluett
Reilly Coch
Murray Cohen
Colleen Colbert
Thomas & Jennifer Cooper
Phil & Pat Cornell
Michael Davidson
Benjamin Davis**
Joan De Boer
Sue DeCotis
Benjamin Deitchman
David Delchamps
Noel & Janet Desch
Barbara DeWall & Deborah Jones
Matt & Christina Dieterich
Sharon Ditman**
Thomas Ditterson & Nita Irby
Robert & Esther Doherty
Ray & Erin Durkin
John & Bridget Duthe
Dan & Debra Dwyer
Douglas Dylla & Marcia Nedland
Don & Marie Edwards
Ron & Randy Ehrenberg
Tony & Julie Eisenhut
Sherri Ellis
Nancy Emerson & Roy Luft
Lawrence Endo & Caron Bove
Roy Erb
Gene & Ann Erickson
Lisa Everts & Jon Carlton
Michael & Mary Faber
Michel Fambro
Paul Feeny & Mary Berens
Dan & Linda Finlay
Wayne & Maralyn Fleming
Andrea Flesken-Nikitin & Alexander Nikitin
Joanne Florino
J. E. Fortune
Franziska Rackner Center
Joshua Friedman
Esselene Gatewood
Mariette Goldenhuys
Laurne Gibbons
Graham Gillespie
Yolanda Giuffrida
Scott Glass
Michael & Susan Goldberg
Vivian Goldsmith
Anne Gorsky
Dan & Karen Governanti
Carol Grumbach
Diane Hackett
Margaret C. Hampson
Jessie F. Harper
Kenneth Harris
Don & Marian Hartill
Health Planning Council of Tompkins County
Spencer Hill & Jennifer Barnett
Thomas Hiraiusuna & Jean Hunter
Steve Hoffman & Carol Teelin
Roaald Hoffmann
Rod Howe & Mark Pedersen
Stephen Hoyt & Hope Rich
Alan & Brigid Hubberman
Kathleen Jacklin
Andre & Jean Jagendorf
Ralph & Rhoda Janis
Jane Kaplan
Alicia Kenaley
Charles Kepner
Dooley Kiefer
Irene E. Kiely
Patricia Kirkwood*
Andrew & Brenda Kiwacz
Herbert & Mildred Kling
Heinz & Judith Koch
Robert & Rachael Koll
Kristina Lambright
Sidney & Gail Leibovich
Donald & Janet Lein
Simpson & Esther Linke
Peter & Enid Littman
June Locke
Lisa Logan & Raymond Gozzi Jr.
John Longhouse
Frank & June Losurdo
Jack & Janet Lowe
Gwyneth Lymberis
John & Jane Marcham
Joyce McAllister
Ruth Ann McCaa, Jr.
Lewis McClellan & Claudia Fuchs
Peter & Scobie McClellan
James & Gladys* McConkey
Henry McCoy
Louise McGee
J. Kevin & Elizabeth McMahon
Catherine McNamara & Keith Boncer
Earla Sue McNaull
Philip & MaryLu McPherson
Carolyn McPherson
Joseph Meeks
Evelyn Mellett
Marianne Mellingen
Alex & Jo Anne Miner
David & Helen Morey
Franziska Morris
Martha Ann Moses
Edward & Peg Moy
Jack & Linda Muckstadt
Joan Murphy
Heather Murray
Gordon & Laura Myer
Lezlie Namaste
Jan & Janice Nigro
Teria Nix
Jerry & Barbara Nosanchuk
Cynthia Nuara
Tom & Pat O'Rourke
Margaret Palmer
Marilyn Patterson
Wilma Patterson
Nicholas & Rose Pellegrino
Gioia Perugini
Lauren Pesso
Paula Peter
Mary Patti
Elisabeth Prentice & Thys Van Cort
Purple Fish Properties
Quad Aid for Kids/Rochester Area
Community Foundation
Joe & Carrie Regenstein
Walter J. & Joan Relihan Jr.
Elizabeth Remsen
Charles & Ruth Reniff
Kenneth Roberts & Angela Cornell
David & Margaret Robertsshaw
Eric & Margaret Robinson
Duncan & Paulance Rogers
Ward Romer
Rick & Robin Rosoff
Arthur & Ellen Rosten
Michael Rosten
Judith Rothenberg
John & Doreen Rudan
Thomas & Donna Sabella
Matthew Sachs
John & Anne Scammell
Mindi Schneider
Richard & Mary Schuler
James & Patricia Schulte
Judith Scott
Alain & Janet Seznec
Naomi Shapiro
Rachel Shapiro & Joseph Krummel
Kevin & Lynn Shreve
Michael & Karen Shuler
Kenneth Simpson & Mia Slotnick
Zach Sims**
Robert B. Slocum*
Scott & Lisa Smith
Paul Soper
Fran Spadafora-Manzella & Frederick Manzella
Nicole Stastny
Richard & Margaret Steinacher
Corinne Stern
Paul & Ann Marie Streeter
Robert Sweet
Pamela Talbott
Kevin & Helen Talty
Paula Tarallo
Taughannock Aviation Corp.
E. William & Elizabeth B. Terwilliger
Connie & Garry Thomas
Chuck & Katherine Ann Tompkins
Joanne Trutko & Christopher Carey
Scott & Ann Tucker
Orlando Turco
Curtis & Amanda Ufford
Christopher & Julie Umbach
Margaret Van Houtte
Marian H. Van Soest
Francine Van Wambek
Robert VanRenesse & Lesley Greene
Fred & Ilse Voss
Joyce Walsh
Zellman Warhaft
William & Norma Wasmuth
Richard & Beverly Westervelt
Charles & Gloria Wharton
Lisa & John Whitaker
Patricia Woodworth
Andrew & Moll Yood

**Grants and Foundation Support**
Anonymous
Community Foundation of Tompkins County
Engel Foundation
Lewis Scharaneman, Jr. Foundation, Inc.
Marvin and Annette Lee Foundation
M&T Charitable Foundation
Park Foundation, Inc.
Sustainable Tompkins
The Legacy Foundation of Tompkins County
The United Way of Tompkins County

**The Spero Family Fund for Child Psychiatry**
Todd & Theresa Bricker
Benjamin Deitchman

**Helen Seale Fund**
Elizabeth & Edward Bergman
John & Doreen Rudan

**James G. Johnston Fund for the Uninsured**
Church of the Epiphany
Sue DeCotiis
Jeffrey Ford
Arthur Kuckes & Martha Wright
Lewis Scharaneman, Jr. Foundation, Inc.
Sheila Stone

**Children’s Comprehensive Care Fund**
BorgWarner Morse TEC
Thomas & Shirley Cleere
James & Liskin Cordes
Peter & Kathryn Elisson
Michael & Mary Faber
Carl Ginet & Sally McConnell-Ginet
Dooley Kiefer
Richard & Kumi Korf
John V. Lambert & Robin Rogers
Kenneth Lane
Carolyn McPherson
Evelyn Mellett
Park Foundation, Inc.
Kenneth Simpson & Mia Slotnick
United Way of Tompkins County
James & Constance Wells

**Memorial Gifts**

In memory of Charles Brodhead
William & Shirley Rogers

In memory of Dale Corson
Nellie Corson

In memory of Patricia Kelly
Margaret Palmer

In memory of Sandy Lundy
Sherman Kelly
John & Anne Scammell
John & Carol Vineyard

In memory of Beverly J. Martin
Jan & Janice Nigro

In memory of Boyce McDaniel
Kenneth Lane

In memory of Ronald McGee
Louse McGee

In memory of Cheryl "Suki" Miller
Donald Miller

In memory of Fran Ramin
Nancy & Larry Dalton
Martha Ann Moses

In memory of Sheila Schachere
Patricia Cluett
Sue DeCotiis
Robert & Mary Hutchens
Diana & Bruce Levy
Rita Melen
Gayatri Menon
Marlyn Patterson
Emelie Peine
Djahane Salehabadi
Mindi Schneider
Claudia Voss Lewentein & Bruce Lewentein
Eileen Yagoda & Ross Brann

In memory of Gerry Thomas
Susan Murphy
In memory of Marjorie Waldman-Wolga
Christopher F. Bolgiano
Elizabeth S. Bolgiano
Elizabeth Bolgiano Gordon
David A. Croxford
June & Harold Hall, III
Joe Loring & Sheila Johnston
Lodewijk & Beatrice Magre
Nina Miller
James & Patricia Schulte
Naomi Shapiro
C. Neil & Marie T. Taylor
John & Carol Vineyard
John & Linda Waldman
Lisa Waldman

In memory of Francescia Yarbrough
Paul Yarbrough

In honor of Milo & Lionel Bakum
Andrea Mellett

In honor of Lois Butterfield
Andrea Mooney

In honor of Steve Fontana & Carla Galbraith
Bradley & Mary Grainger
Andrew & Angela Stevens

In honor of Robert Hamlisch
Robin & Eliot Hamlisch

In honor of Jim Johnston
Beverly Baker
John & Janet Burton

In honor of Marisa Matsudaira
John & Debra Bakum

In honor of Peter M. Rinaldo
Dorothy Rinaldo

In honor of David Shapiro
Leona Shapiro & Eric Pesso

In honor of Sheila Stone & Judi Rothenberg
L. Paul Pitkin & Andrea Rankin

In honor of Sandy True
Peter & Kathryn Elision
Jennifer Engel & Lawrence Young
David Feldshuh & Martha Frommelt
Alicia Kenaley

In honor of Sandy & Jay True
Leland & Mary Margaret Carmichael

In honor of Chuck Tauck & Fran Littin
Jessica & Joe Ryan

In honor of Eileen Yagoda
Ross Brann

Alternative Gift Fair
Hilary Acton
Deborah Allen
Gret Atkin
Randolph Barker
Susan Barr
TJ Barresi
Krin Barry
Laura Bronstein
Jessye Cohen-Filipic
Jen Cork & Amber Smith
Laura Day
Catherine Emilian
Lucy Fisher
Bradley & Mary Grainger
Betty House
Paula Jacobs
Peter & Scobie McClelland
Andrea Mooney
Caitlin Moss
Chuck & Karen Nocera
Deb Novelli
Jessica & Joe Ryan
Fran Spadafora-Manzella & Frederick Manzella
Pamela Talbott

In Kind Donations
Boyce-Thompson Institute
Jim Brown
B&W Supply
Cayuga Medical Sleep Clinic
Tal Cohen
Cornell Plantations
Corner Store Deli
Joe & Nancy Cowan
First Congregational Church
Gardens for Humanity/Cornell Cooperative Extension
Helen Newman Lanes
Ithaca Agway
Ithaca Bakery
Donna Lodge
North Spencer Christian Academy
Jessica & Joe Ryan
Sciencenter
Janice Streb
Sandy True
Lindsey Yoder

DAP Spaghetti Dinner
Aladdin’s Natural Eatery
Applebee’s Neighborhood Grill & Bar
Autumn Leaves Books
BJ’s Wholesale
Blue Stone Bar & Grill
Bool’s Flower Shop
Cornell Laundry & Cleaning
Cornell Plantations
Dolce Delight
Garcia’s
Gimmie Goffe
Glennwood Pines Restaurant
Greenstar Cooperative Market
Hangar Theatre
Helen Newman Bowling Lanes
Innovations Aveda Salon & Boutique
Italian Carry Out
Ithaca Bakery

Ithaca Coffee Company
Ithaca College Dining
Jillian’s Drawers
Lansing Market
Lucatelli’s Ristorante
Mandible Café
Moe’s
Northeast Pizza
Painted Bar Stables
Panera Bread
Papa John’s Pizza
Pudgie’s Pizza
Ramada Inn
Regis Hair Salon
Sciencenter
Shortstop Deli
Target Stores
Taste of Thai
Taste of Thai Express
The Bon-Ton Department Store
TOPS Markets
Trumansburg Shursave
T-Shirt Express
Viva Taquera
Wegmans Food Markets

Cayuga at Twilight
Arnold Printing
Bacchus Brewing Company
Bool’s Flower Shop
Linna Dulph
Dr. Frank Vinifera Wine Cellars
Flower Fashions
Alice Gant
Chris Gibbons
Heights Café & Grill
Hermann J. Wiemer Vineyards
Ithaca Flower Shop
Brian Keeler
Joe and Karen Lonsky of The Destination (The Newlyweds)
Michaelen’s Florist and Garden Center
Jordan Morton
Kevin Moss
Bill Mowson
Northstar House
Plenty of Posies
Red Newt Cellars
Harry Segal
Serendipity Catering
Shepard Point Winery
Tauck World Discovery
Taughannock Farms Inn
Tavern Bafni
The Boatyard Grill
Treleaven Wines
Triphammer Wines & Spirits
Westhill Graphics
Lynn Wiles

In honor of Marisa Matsudaira
John & Debra Bakum

In honor of Peter M. Rinaldo
Dorothy Rinaldo

In honor of David Shapiro
Leona Shapiro & Eric Pesso

In honor of Sheila Stone & Judi Rothenberg
L. Paul Pitkin & Andrea Rankin

In honor of Sandy True
Peter & Kathryn Elision
Jennifer Engel & Lawrence Young
David Feldshuh & Martha Frommelt
Alicia Kenaley

In honor of Sandy & Jay True
Leland & Mary Margaret Carmichael

In honor of Chuck Tauck & Fran Littin
Jessica & Joe Ryan

In honor of Eileen Yagoda
Ross Brann

Ciao
Corks and More
Cornell Men’s Hockey Team
Cornell Plantations
Country Club of Ithaca
Laura Day
Anne DiGiacomo
Experience! The Finger Lakes
Fillmore Golf Club
Fineline Bistro
Flower Fashions by Haring
Sally Gates
Hangar Theatre
Hillendale Golf Course
Honda of Ithaca
Hoopla Buttons
Island Health & Fitness
Ithaca Coffee Company
Ithaca Garden Club
JJ’s Café
Joe’s Restaurant
Johnson Art Museum
Just a Taste
Linz Real Estate
Mahogany Grill
Carissa Mann Parlato
Maxi’s Supper Club
Mia’s Restaurant
Monroe Payne Photography
Moosewood Restaurant
Museum of the Earth
Newman Municipal Golf Course
Northstar House
Purple Fish Properties
Rasa Spa
Mo & Lou Reycroft
Robert Trent Jones Golf Course
Saigon Kitchen
Sciencenter
Stonehedges Country Club & Course
Sally Sumner
Taste of Thai
Taughannock Aviation
Taughannock Farms Inn
The Estill Family
The Farr Family
The Karolyi Family
The Nines
The Rink
The Ryan Family
The True Family
Thirty-One
True Insurance
Trumansburg Golf Course
Uncle Joe’s
Viva Taqueria
Waffle Frolic
Westhill Graphics
Paul Wheeler
Willowbrook Golf Course
ZaZa’s Cucina

Honorariums

Pamela Talbott

Cayuga at Twilight
Arnold Printing
Bacchus Brewing Company
Bool’s Flower Shop
Linna Dulph
Dr. Frank Vinifera Wine Cellars
Flower Fashions
Alice Gant
Chris Gibbons
Heights Café & Grill
Hermann J. Wiemer Vineyards
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Northstar House
Plenty of Posies
Red Newt Cellars
Harry Segal
Serendipity Catering
Shepard Point Winery
Tauck World Discovery
Taughannock Farms Inn
Tavern Bafni
The Boatyard Grill
Treleaven Wines
Triphammer Wines & Spirits
Westhill Graphics
Lynn Wiles
## Financial Statement

### Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>2012</th>
<th>2011*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>280,801</td>
<td>153,190</td>
</tr>
<tr>
<td>Investments</td>
<td>169,956</td>
<td>151,593</td>
</tr>
<tr>
<td>Accounts Receivable - Net</td>
<td>396,580</td>
<td>28,820</td>
</tr>
<tr>
<td>Prepaid Expenses</td>
<td>21,076</td>
<td>8,850</td>
</tr>
<tr>
<td>Land</td>
<td>393,000</td>
<td>408,000</td>
</tr>
<tr>
<td>Building &amp; Improvements</td>
<td>3,652,550</td>
<td>4,049,488</td>
</tr>
<tr>
<td>Furniture &amp; Equipment</td>
<td>486,226</td>
<td>484,456</td>
</tr>
<tr>
<td>Depreciation</td>
<td>(851,968)</td>
<td>(1,101,012)</td>
</tr>
<tr>
<td>Deferred Loan Costs</td>
<td>106,215</td>
<td>111,504</td>
</tr>
<tr>
<td>Pledges Due</td>
<td>34,674</td>
<td>97,667</td>
</tr>
<tr>
<td>Cash Value - Charitable Life</td>
<td>45,203</td>
<td>45,203</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>4,734,312</strong></td>
<td><strong>4,837,759</strong></td>
</tr>
</tbody>
</table>

### Liabilities & Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Notes Payable</td>
<td>—</td>
<td>71,127</td>
</tr>
<tr>
<td>Current Portion of Long Term Debt</td>
<td>56,384</td>
<td>73,598</td>
</tr>
<tr>
<td>Accounts Payable</td>
<td>17,055</td>
<td>112,155</td>
</tr>
<tr>
<td>Accrued Expenses &amp; Withholdings</td>
<td>59,135</td>
<td>157,184</td>
</tr>
<tr>
<td>Contract Advances</td>
<td>14,605</td>
<td>22,585</td>
</tr>
<tr>
<td>Long Term Debt</td>
<td>2,275,134</td>
<td>2,351,107</td>
</tr>
<tr>
<td>Accrued Work Comp Assessment</td>
<td>180,000</td>
<td>180,000</td>
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<tr>
<td>Fund Balance</td>
<td>2,131,999</td>
<td>1,870,000</td>
</tr>
<tr>
<td><strong>Total Liabilities &amp; Net Assets</strong></td>
<td><strong>4,734,312</strong></td>
<td><strong>4,837,756</strong></td>
</tr>
</tbody>
</table>

### Revenues

<table>
<thead>
<tr>
<th>Description</th>
<th>2012</th>
<th>2011*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Agencies</td>
<td>412,954</td>
<td>411,170</td>
</tr>
<tr>
<td>Medicaid</td>
<td>252,603</td>
<td>349,644</td>
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<tr>
<td>Program Fees</td>
<td>2,049,107</td>
<td>1,788,754</td>
</tr>
<tr>
<td>United Way of Tompkins County</td>
<td>159,511</td>
<td>178,214</td>
</tr>
<tr>
<td>Contributions</td>
<td>263,457</td>
<td>498,676</td>
</tr>
<tr>
<td>Interest &amp; Investments</td>
<td>18,434</td>
<td>22,484</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>230,994</td>
<td>170,928</td>
</tr>
<tr>
<td>Gain on Sale of Property</td>
<td>231,355</td>
<td>—</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>3,618,414</strong></td>
<td><strong>3,419,870</strong></td>
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</tbody>
</table>

### Expense

<table>
<thead>
<tr>
<th>Description</th>
<th>2012</th>
<th>2011*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>2,864,742</td>
<td>2,665,191</td>
</tr>
<tr>
<td>Supporting Services</td>
<td>491,672</td>
<td>751,672</td>
</tr>
<tr>
<td>Increase/(Decrease) in Net Assets</td>
<td>262,000</td>
<td>3,007</td>
</tr>
</tbody>
</table>

### Expenses by Program

<table>
<thead>
<tr>
<th>Description</th>
<th>2012</th>
<th>2011*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counseling</td>
<td>2,455,451</td>
<td>2,277,911</td>
</tr>
<tr>
<td>Senior Services</td>
<td>142,477</td>
<td>129,115</td>
</tr>
<tr>
<td>Youth Services</td>
<td>266,815</td>
<td>258,165</td>
</tr>
<tr>
<td>Development/Public Relations</td>
<td>222,425</td>
<td>197,928</td>
</tr>
<tr>
<td>Management &amp; General</td>
<td>269,247</td>
<td>553,744</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3,356,414</strong></td>
<td><strong>3,416,863</strong></td>
</tr>
</tbody>
</table>

*Audited Figures*
Your Gift
Makes a Difference...

When you choose to support Family & Children’s Service, you help us provide our community with critical mental health, youth and senior services.

GIVING OPPORTUNITIES

**Annual Fund**
Contributions to the Annual Fund are un-restricted and allow Family & Children’s Service to respond to the current and on-going needs of those we serve.

**Children’s Comprehensive Care Fund**
This fund addresses the growing and pressing need to provide quality, comprehensive mental health care for children. This restricted portion of our Annual Fund ensures that children receive the full range of care they need to thrive, including additional consultations with significant adults in their lives that are otherwise not covered by insurance companies. This on-going portion of our Annual Fund will ensure that care will be optimized for our most vulnerable community members.

**The Spero Family Fund for Child Psychiatry**
Established in 2004, this fund allows children who are experiencing significant mental health challenges to receive child psychiatry services. These services include psychiatric evaluations and medication management by a professional Child Psychiatrist at Family & Children’s Service. Jim and Ceil Spero, who helped to establish this fund in 2004, believe passionately in providing quality psychiatric care for families who need it most.

**The James G. Johnston Fund for the Uninsured**
Created in 2002 the James G. Johnston fund ensures that Family & Children’s Service can continue to honor our commitment to serve all those who seek mental health services regardless of their insurance coverage. This fund was named in honor of President & CEO, James Johnston in honor of his 30th anniversary at Family & Children’s Service.
Thank you!

Together we can transform lives...

Helen Searle Fund
This fund supports a sliding-fee-scale for our Senior Services program including Respite, Caregiver Counseling and Geriatric Care Management. Shayle Searle established the Helen Searle Fund in 1996 in memory of his wife, Helen, a former board president and long time supporter of Family & Children’s Service.

Memorials & Honorariums
Family & Children’s Service welcomes gifts made in honor and/or in memory of an individual. Gifts designated in this fashion will be recognized in our Annual Report.

For more information on making a donation to Family & Children’s Service of Ithaca, call the development office at 607-273-7494. You can also make gifts on-line by visiting us at www.wheretoturnithaca.org.
Family Matters

We all have different family portraits. At Family & Children’s Service of Ithaca, it’s not how your family looks when they enter our doors, but how they feel when they leave, that matters most.